Blue Care Network of Michigan

A nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association

Minimum Value Plan℠ $6,350 High Deductible Health Plan with 0% Coinsurance for Medical and Prescription Drug Coverage

This is intended as an easy-to-read summary and provides only a general overview of your benefits. **It is not a contract**. Additional limitations and exclusions may apply to covered services. For a complete description of benefits, please see the applicable Blue Care Network certificate and riders. Payment amounts are based on the Blue Care Network approved amount, less any applicable deductible, coinsurance and/or copay amounts required by the plan. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan documents, the plan document will control. This coverage is provided pursuant to a contract entered into in the State of Michigan and shall be construed under the jurisdiction and according to the laws of the State of Michigan. Services must be provided or arranged by member's primary care physician or health plan.

Preauthorization for Select Services – Services listed in this summary are covered when provided in accordance with Certificate requirements and, when required, are preauthorized or approved by BCN except in an emergency.

Note: A list of services that require approval **before** they are provided is available online at **bcbsm.com/importantinfo**. Select ***Approving covered services.***

Member's Responsibility: Deductible, Copays, Coinsurance and Dollar Maximums

Note: The **Deductible** will apply to all services except preventive services.

Deductible **Note:** Deductible is combined for both medical and prescription drug coverage. The Deductible paid by all Members will be combined to satisfy the family Deductible. However, one individual Member cannot contribute more than the individual Deductible amount toward the family Deductible.	$6,350 per member, $12,700 per family per calendar year (No 4th quarter carryover)
Fixed Dollar Copay **Note**: Copay amounts apply once the deductible has been met	None
Coinsurance **Note**: Coinsurance amounts apply once the deductible has been met	0% and 50% for select services as noted below
Out of Pocket Maximum – Total amount paid toward medical and pharmacy services including deductible, copays and coinsurance. For Members with more than one person on the contract, if the one Member maximum is met even if the family maximum is not, that Member does not pay any more Cost-Sharing for the rest of the year.	$6,350 per member, $12,700 per contract per calendar year

Preventive Services – as defined by the Affordable Care Act and included in your Certificate of Coverage

Health Maintenance Exam	Covered – 100%
Annual Gynecological Exam	Covered – 100%
Pap Smear Screening – laboratory services only	Covered – 100%
Well-Baby and Child Care	Covered – 100%
Immunizations – pediatric and adult	Covered – 100%
Prostate Specific Antigen (PSA) Screening – laboratory services only	Covered – 100%
Routine Colonoscopy	Covered – 100%
Mammography Screening	Covered – 100%
Voluntary Female Sterilization	Covered – 100%
Breast Pumps	Covered – 100%
Maternity Pre-Natal Care	Covered – 100%

Physician Office Services

PCP Office Visits	Covered - 100% after deductible
Medical Online Visits	Covered - 100% after deductible
Consulting Specialist Care – when referred	Covered - 100% after deductible

Emergency Medical Care

Hospital Emergency Room	Covered - 100% after deductible
Urgent Care Center	Covered - 100% after deductible
Retail Health Clinic	Covered - 100% after deductible
Ambulance Services – medically necessary	Covered - 100% after deductible

Diagnostic Services

Laboratory and Pathology Tests	Covered - 100% after deductible
Diagnostic Tests and X-rays	Covered - 100% after deductible
Radiation Therapy	Covered - 100% after deductible

Maternity Services Provided by a Physician

Post-Natal Care. See Preventive Services section for Pre-Natal Care	Covered - 100%
Delivery and Nursery Care	Covered - 100% after deductible

Hospital Care

General Nursing Care, Hospital Services and Supplies	Covered - 100% after deductible; unlimited days
Outpatient Surgery – see member certificate for specific surgical coinsurance	Covered - 100% after deductible

Alternatives to Hospital Care

Skilled Nursing Care	Covered - 100% after deductible up to 45 days per calendar year
Hospice Care	Covered - 100% after deductible
Home Health Care	Covered - 100% after deductible

Surgical Services

Surgery – includes all related surgical services and anesthesia.	Covered - 100% after deductible
Voluntary Male Sterilization – See Preventive Services section for voluntary female sterilization	Covered – Male - 50% after deductible
Elective Abortion (One procedure per two-year period of membership)	Covered - 100% after deductible
Human Organ Transplants (subject to medical criteria)	Covered - 100% after deductible
Reduction Mammoplasty (subject to medical criteria)	Covered – 50% after deductible
Male Mastectomy (subject to medical criteria)	Covered – 50% after deductible
Temporomandibular Joint Syndrome (subject to medical criteria)	Covered – 50% after deductible
Orthognathic Surgery (subject to medical criteria)	Covered – 50% after deductible
Weight Reduction Procedures (subject to medical criteria) – Limited to one procedure per lifetime	Covered – 50% after deductible

Behavioral Health Services (Mental Health and Substance Use Disorder Treatment)

Inpatient Mental Health Care	Covered - 100% after deductible
Residential Substance Use Disorder	Covered - 100% after deductible
Outpatient Mental Health Care **Note:** For diagnostic and therapeutic services, see the Diagnostic Services section above for applicable cost sharing. Includes onlines visits.	Covered - 100% after deductible
Outpatient Substance Use Disorder	Covered - 100% after deductible

Autism Spectrum Disorders, Diagnoses and Treatment

Applied behavioral analyses (ABA) treatment through age 18 **Note:** Diagnosis of an autism spectrum disorder and a treatment recommendation for ABA services must be obtained by a BCN approved autism evaluation center (AAEC) prior to seeking ABA treatment.	Covered - 100% after deductible
Outpatient physical therapy, speech therapy and occupational therapy for autism spectrum disorder through age 18 Unlimited visits for physical, speech and occupational therapy with autism spectrum disorder diagnosis	Covered - 100% after deductible
Other covered services, including mental health services, for Autism Spectrum Disorder	See your outpatient mental health, medical office visits and preventive benefit

Other Services

Allergy Testing and Therapy	Covered - 100% after deductible
Allergy office visits	Covered - 100% after deductible
Allergy Injections	Covered - 100% after deductible
Chiropractic Spinal Manipulation – when referred	Covered - 100% after deductible; up to 30 visits per calendar year
Outpatient Therapy/Rehabilitation – subject to meaningful improvement within 60 days	Covered - 100% after deductible; limited to 60 visits per calendar year for any combination of therapies
Infertility Counseling and Treatment (excluding In-vitro fertilization)	Covered – 50% after deductible
Durable Medical Equipment	Covered – 50% after deductible
Prosthetic and Orthotic Appliances	Covered – 50% after deductible
Diabetic Supplies **Note:** Certain diabetic supplies are covered through the pharmacy benefit if you have BCN pharmacy coverage. Applicable prescription drug cost-sharing will apply.	Covered - 100% after deductible

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High Deductible Health Plan 0% Coinsurance after Deductible Prescription Drug Coverage℠

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Prescription Drugs

Deductible	The Deductible is combined for both medical and prescription drug coverage. The Deductible amount is listed with your medical benefits.
Tier 1 – Mostly Generics	Covered in full after Deductible
Tier 2 – Preferred Brand Drugs	Covered in full after Deductible
Tier 3 – Non-Preferred Drugs	Covered in full after Deductible
Tier 4 – Preferred Specialty	Covered in full after Deductible - Specialty drugs are covered only when obtained from the BCN Exclusive Specialty Pharmacy Network.
Tier 5 Non-Preferred Specialty	Covered in full after Deductible - Specialty drugs are covered only when obtained from the BCN Exclusive Specialty Pharmacy Network.
Sexual Dysfunction Drugs	Covered in full after Deductible
Disposable Insulin Syringes and Needles	Covered in full after Deductible. Note: Insulin syringes and needles are covered in full after Deductible when dispensed at the same time as insulin.
Diabetic Supplies	Select diabetic supplies and equipment are covered – applicable cost sharing will apply. Cost-sharing may not apply to certain preferred glucometers as defined on the drug list.
Contraceptives ***Note:** Your cost sharing may be waived for Tier 2 or Tier 3 contraceptive drugs if there are no appropriate generic products or preferred drugs available.	• Tier 1 – Covered in Full; Deductible does not apply • Tier 2 – Covered in Full after Deductible* • Tier 3 – Covered in Full after Deductible*
Preventive Medications	• Tier 1 – Covered in Full; Deductible does not apply • Tier 2 – Covered in Full; Deductible does not apply • Tier 3 – Covered in Full; Deductible does not apply
31-90 day supply for Mail-Order Pharmacy	Covered in full after Deductible
84-90 day supply for Retail Pharmacy	Covered in full after Deductible
Out-of-Pocket Maximum	Your medical out-of-pocket maximum is integrated with your BCN covered Prescription Drugs. The out-of-pocket maximum amount is listed with your medical benefits.

P0CHD, MOPD0

Definitions

Brand Name Drug	Manufactured and marketed under a registered trade name and trademark. • Multi-source Brand Name Drug: a drug that is available from a brand name manufacturer and also has a generic version. • Single Source Brand Name Drug: the drug can only be produced by the company holding the patent; no generics are available.
Generic Drugs	Prescription drugs that have been determined by the FDA to be bioequivalent to Brand Name Drugs and are not manufactured or marketed under a registered trade name or trademark.
Non-Preferred Drugs	Prescription drugs that may not have a proven record for safety or their clinical record may not be as high as the BCN preferred alternatives.
Non-Preferred Specialty Drugs	Specialty drugs that may not have a proven record for safety or their clinical value may not be as high as the Specialty Drugs.
Out-of-Pocket Maximum	The highest amount of money you have to pay for covered services during the Calendar Year.
Preferred Brand Drugs	Prescription drugs that are Single Source Brand drugs that have a proven record for safety and effectiveness.
Preferred Specialty Drugs	Generic or Single Source Brand Specialty drugs that have a proven record for safety and effectiveness and offer the best value to our members.